

White Cheddar Jalageno Dig MixTM

GOURMET DIP MIX

NET WT 1.75 OZ (35g)

Simple to prepare! Ingredients needed:

- » White Cheddar Jalapeno Dip Mix
- » 1-1/2 cups sour cream
- » 1/2 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

Complete directions and recipe inside.

Ingredients: cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), whey powder, buttermilk solids, salt, sodium phosphate, lactic acid, spices, onion, jalapeno peppers, organic tomato, citric acid, organic rice flour, sodium diacetate, soybean oil, garlic, silicon dioxide, maltodextrin, natural and artificial flavors, soya lecithin.

Contains: milk, soy

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By: ICC Global Trade, LLC PO Box 10992 Lancaster, PA 17605 United States of America www.lancasterfresh.com



Nutrition Facts

Serving Size 2 Tablespoons (24g) Servings Per Container about 19

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Amount Per Serving	Mix	with added ingredients
Calories	70	80
Calories from Fat	30	70
	% Daily Value**	
Total Fat 3g*	5%	12%
Saturated Fat 1.5g	8%	13%
Trans Fat 0g	1	14
Cholesterol 9mg	3%	3%
Sodium 445mg	19%	5%
Total Carbohydrate 8g	3%	1%
Dietary Fiber <1g	4%	0%
Sugars 2g		
Protein 3g		
Vitamin A	4%	2%
Vitamin C	4%	0%
Calcium	2%	2%
Iron	4%	0%

- *Amount in White Cheddar Jalapeno Dip Mix. Added ingredients contribute an additional 10 calories, 5g total fat, 1g saturated fat, 0g trans fat, 3mg cholesterol, 0mg sodium, 0g total carbohydrate (0g sugar), 0g protein.
- **Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

WHITE CHEDDAR JALAPENO DIP MIX™

Ingredients needed:

- » White Cheddar Jalapeno Dip Mix
- » 1-1/2 cups sour cream
- » 1/2 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

Directions:

Blend sour cream, mayonnaise and entire packet of mix. Mix well. Chill overnight or minimum of 4 hours. Stir before serving. Serve with tortilla chips, vegetables or crackers. Keep prepared dip refrigerated.

QUESO BLANCO DE JALAPENO DIP

Ingredients needed:

- » 1 packet White Cheddar Jalapeno Dip Mix
- » 8 oz. sour cream
- » 8 oz. cream cheese, softened
- » 8 oz. small curd cottage cheese*
- » 1 tsp. garlic salt or onion salt
- » 1 bunch green onions, sliced (approximately 1/2 to 3/4 cups)
- » 2 cups shredded Pepper Jack Cheese**

Directions:

Mix all ingredients together until well blended. Chill overnight or minimum of 6 hours before serving. This is delicious served cold or hot. Serve with tortilla chips.

^{*}You may substitute another 8 oz. of cream cheese in place of cottage cheese.

^{**}Pepper Jack cheese is difficult to find shredded; we suggest you purchase an 8 oz. block of Pepper Jack Cheese and shred it yourself.